10 Ways to Invent Your Own Perfect Holiday in Lake Placid/Whiteface Mountain!

Once the presents have been unwrapped, the holiday ham has been devoured, naps have been taken and the ugly holiday sweaters have been packed away until next Yuletide, head to Lake Placid and Whiteface Mountain for some après holiday magic that will carry you through to the New Year.

Go see *Star Wars: The Force Awakens* again, or join in some of the merry mayhem on Lake Placid's Main Street, and at Whiteface Mountain in Wilmington, with activities including:

- Mid's Park Merry Mayhem From Dec. 26 Jan. 2, daily festivities will be held at Mid's Park on Main Street from 3-5 pm, including family-friendly games and races, live music, ice-carving demonstrations, hot chocolate, and more!
- 2. Guided Hikes & Tours Galore Take a tour of the Olympic Center with the guys who were there during the 1980 Winter Olympic Games and get a behind-the-scenes, play-by-play of Lake Placid's history before swinging in to the Olympic Museum to see the latest exhibits. Oh, and a guided hike up Mt. Van Hoevenberg at the Olympic Sports Complex will be offered –[insert dates and times], with the option to try bobsledding afterward. Of course, the option to take a self-guided hike is always available short and sweet with a view! Enjoy a hike on the Brewster Peninsula Trails or Henry's Woods in Lake Placid, Owls Head in Keene, or Bear Den Mountain in Wilmington.
- 3. **Night Lights at Whiteface** On Dec. 27 and Jan. 1, Whiteface will host nighttime skiing under the lights and the popular Activities Zone, on the Mixing Bowl trail, from 5-9 pm, offering family-friendly fun and a once-in-a-nighttime opportunity to ski the face after hours.
- 4. Deck the Downtown Main Street will be decked out for the holidays, offering an exciting air bag jump, live music, bonfires, an obstacle course, and life-sized family games... and a mechanical bull for any cowboys or desperados out there.
- 5. TasteNY at Whiteface Mountain On January 3, head to Whiteface for a TasteNY event in the base lodge and sample New York-made food and drink, highlighted in the lodge's new atrium. Bring a bag of groceries to donate to the local food pantry, and you'll get 50% off your Whiteface lift tickets. Win, win.
- On Ice is Nice The Olympic Center and Conference Center at Lake Placid have a full routine of activities on ice planned, from indoor skating everyday at the 1932 Olympic Rink, to the Ekaterina Gordeeva "From the Heart" Tribute Ice Show on Wednesday, December 30.
- 7. **Rocks in the House** Come on out and try your hands at Curling, the only Olympic sport played with brooms! Evening sessions will be available, [insert dates and times], and concessions will be offered rinkside.
- 8. Jumpstart Resolutions In this statistic that we made up for this list, 75% of the U.S. population make a New Year's resolution to get healthier. Jumpstart your own wellness at one of the area's community yoga classes, dance those cookies away at Zumba, turbo kick or PiYo, or even take a good old-fashioned run around the lake.
- 9. Venture Near to Discover More Feel like letting the breeze flow through your hair? Hop in the car and check out the top the local attractions, like High Falls Gorge and the Wildlife Refuge in Wilmington, The Wild Center in Tupper Lake, and the area's many art galleries.

10. Last/First Race of the Year – In a town that celebrates its sports history and continues to make its mark on the international stage, Lake Placid knows a thing or two about fitness. We'll host a 5k running race around the lake on December 31st and one the following day on January 1. Get ready New Year's – Lake Placid is coming in hot.

More info, including times, dates and changes in the schedule, found here: <u>lakeplacid.com/holidays</u>.